



# National Service Scheme

## College of Dairy Science



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Vishwavidyalaya Evam Gau Anusandhan Sansthan Mathura 281001



### Report on “7 Day NSS Special Camp”

(20<sup>th</sup> April – 26<sup>th</sup> April, 2026)



**Submitted By:**

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**Submitted To:**

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## ACKNOWLEDGEMENT

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We are highly thankful to **Dr. Anuj Kumar**, Dean Students' Welfare, DUVASU, Mathura, and **Dr. Rashmi Singh**, Dean, College of Dairy Science, DUVASU, Mathura, for their constant motivation and support throughout the camp.

We express our heartfelt gratitude to **Dr. Deepak Chand Meena**, NSS Programme Officer, College of Dairy Science, DUVASU, Mathura, for his excellent guidance, coordination, and dedicated efforts in making the NSS Special Camp successful and meaningful.

Special thanks are extended to **Dr. Kamal Kaushik**, Principal, Shri Krishna Inter College, Gokul, for kindly providing the venue and necessary facilities for conducting the NSS Special Camp.

We also extend our sincere thanks to all the experts and resource persons who delivered informative and inspiring sessions during the camp. Their valuable knowledge and guidance greatly benefited all the NSS volunteers.

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**NSS Volunteers**  
College of Dairy Science  
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## **Introduction**

The National Service Scheme (NSS) is a flagship programme of the Government of India, Ministry of Youth Affairs and Sports, launched in the year 1969 on the birth anniversary of Mahatma Gandhi. The scheme was introduced with the primary aim of developing the personality and character of students through voluntary community service. NSS provides an opportunity for young students to understand the realities of society and contribute towards nation-building through active participation in social welfare activities.

The motto of NSS, “**Not Me But You,**” reflects the spirit of democratic living, selfless service, and concern for the welfare of others. The scheme encourages students to develop qualities such as leadership, discipline, teamwork, social responsibility, and compassion while working for the upliftment of society. NSS activities focus on community service, rural development, environmental protection, health and hygiene awareness, literacy promotion, and social harmony.

## **Objectives of NSS**

The major objectives of the National Service Scheme are:

- To understand the community in which they work.
- To identify the needs and problems of the community and involve themselves in problem-solving processes.
- To develop a sense of social and civic responsibility among students.
- To utilize students’ knowledge in finding practical solutions to community problems.
- To develop leadership qualities, teamwork, and democratic attitudes.
- To promote national integration and social harmony.
- To inculcate the spirit of voluntary service and dignity of labour.

In pursuance of these objectives, the NSS Unit of the College of Dairy Science, DUVASU, Mathura organized a **Seven-Day Special NSS Camp** from **20<sup>th</sup> April 2026 to 26<sup>th</sup> April 2026** at the campus of **Sri Krishna Inter College, Gokul, Mathura**. A total of **27 NSS volunteers** from the **College of Dairy Science, DUVASU, Mathura**, comprising **B.Tech. (Dairy Technology) 2<sup>nd</sup> Year students**, actively participated in the camp. The special camp was conducted as a part of the completion of the two-year NSS programme and aimed at fostering social consciousness, leadership qualities, discipline, and a spirit of community service among student volunteers.

## NSS Volunteers

A total of **27 NSS volunteers** from the College of Dairy Science, DUVASU, Mathura enthusiastically participated in various social, educational, cultural, and environmental activities conducted during the seven-day special camp. The volunteers actively took part in cleanliness drives, awareness rallies, village surveys, educational campaigns, and community service programmes. These activities provided students with practical exposure to rural life and helped them understand the challenges faced by society while encouraging them to contribute positively towards community development and nation-building.

### Core Objectives of the Special Camp

- i. **Community Engagement:** To involve volunteers in addressing local issues through surveys, awareness campaigns, and social service activities.
- ii. **Skill Development:** To enhance leadership, communication, teamwork, and problem-solving skills among volunteers.
- iii. **Social Awareness:** To spread awareness regarding health, hygiene, sanitation and environmental conservation.
- iv. **Personality Development:** To develop discipline, confidence, empathy, and a spirit of volunteerism among students.
- v. **Rural Development:** To strengthen the relationship between educational institutions and rural communities through meaningful service activities.

List of NSS Volunteers Participated in the Special Camp as follows:

Sr. No.	Enrollment No	Name of Student	Degree Programme	Year
1.	D-2892/24	Anshika Pandey	B.Tech. (Dairy Technology)	2 <sup>nd</sup> Year
2.	D-2898/24	Anshu Kumari	B.Tech. (Dairy Technology)	2 <sup>nd</sup> Year
3.	D-2895/24	Arshad Khan	B.Tech. (Dairy Technology)	2 <sup>nd</sup> Year
4.	D-2900/24	Avi Pandey	B.Tech. (Dairy Technology)	2 <sup>nd</sup> Year
5.	D-2891/24	Ayush Sharma	B.Tech. (Dairy Technology)	2 <sup>nd</sup> Year
6.	D-2894/24	Gargi Bhatnagar	B.Tech. (Dairy Technology)	2 <sup>nd</sup> Year
7.	D-2897/24	Harsh Bansal	B.Tech. (Dairy Technology)	2 <sup>nd</sup> Year
8.	D-2927/24	Harsh Chaudhary	B.Tech. (Dairy Technology)	2 <sup>nd</sup> Year
9.	D-2901/24	Jyotshana Sinha	B.Tech. (Dairy Technology)	2 <sup>nd</sup> Year
10.	D-2899/24	Krishna Chahar	B.Tech. (Dairy Technology)	2 <sup>nd</sup> Year
11.	D-2893/24	Mani	B.Tech. (Dairy Technology)	2 <sup>nd</sup> Year
12.	D-2929/24	Milancy Chaudhary	B.Tech. (Dairy Technology)	2 <sup>nd</sup> Year
13.	D-2983/24	Mohit Kumar	B.Tech. (Dairy Technology)	2 <sup>nd</sup> Year
14.	D-2985/24	Pragati Sikaira	B.Tech. (Dairy Technology)	2 <sup>nd</sup> Year
15.	D-2931/24	Pranav Kushwaha	B.Tech. (Dairy Technology)	2 <sup>nd</sup> Year

16.	D-2905/24	Prashant Prabhakar	B.Tech. (Dairy Technology)	2 <sup>nd</sup> Year
17.	D-2903/24	Priyanka Baghel	B.Tech. (Dairy Technology)	2 <sup>nd</sup> Year
18.	D-2930/24	Pushkar Anand Verma	B.Tech. (Dairy Technology)	2 <sup>nd</sup> Year
19.	D-2890/24	Sanjay	B.Tech. (Dairy Technology)	2 <sup>nd</sup> Year
20.	D-2932/24	Sanskar Verma	B.Tech. (Dairy Technology)	2 <sup>nd</sup> Year
21.	D-2906/24	Saurabh Kumar	B.Tech. (Dairy Technology)	2 <sup>nd</sup> Year
22.	D-2934/24	Shilpa Kumari	B.Tech. (Dairy Technology)	2 <sup>nd</sup> Year
23.	D-2889/24	Shreya Mishra	B.Tech. (Dairy Technology)	2 <sup>nd</sup> Year
24.	D-2902/24	Snehil Srivastav	B.Tech. (Dairy Technology)	2 <sup>nd</sup> Year
25.	D-2907/24	Utkarsh Kumar	B.Tech. (Dairy Technology)	2 <sup>nd</sup> Year
26.	D-2904/24	Vikas Chaudhary	B.Tech. (Dairy Technology)	2 <sup>nd</sup> Year
27.	D-2928/24	Vishal Singh	B.Tech. (Dairy Technology)	2 <sup>nd</sup> Year

**The day-wise details of the Seven-Day NSS Special Camp activities are as follows:**

**Day 1: 20/04/2026 (Monday)**

**Inauguration Ceremony:** The Seven-Day NSS Special Camp commenced with a formal inauguration ceremony at the campus of Sri Krishna Inter College, Gokul, Mathura. The programme was graced by distinguished dignitaries including **Dr. Anuj Kumar, Dean Student Welfare (DSW), DUVASU Mathura, Dr. Nityanand Pandey, Dean, College of Fisheries Science, Dr. Kamal Kaushik, Principal, Sri Krishna Inter College, Gokul**, along with faculty members from the College of Dairy Science and College of Fisheries Science, DUVASU Mathura. The esteemed guests highlighted the significant role of NSS in nation-building, personality development, social responsibility, and the holistic development of youth. They motivated the volunteers to actively participate in community service activities and contribute positively towards society. During his address, **Dr. Kamal Kaushik** emphasized the importance of environmental conservation, plantation, and proper care of plants for maintaining ecological balance.



## Morning Prayer and Physical Exercise



The day began with a morning prayer followed by physical exercise sessions for NSS volunteers. The activities aimed at promoting discipline, physical fitness, mental alertness, and team spirit among the participants.

## Art and Craft Activity

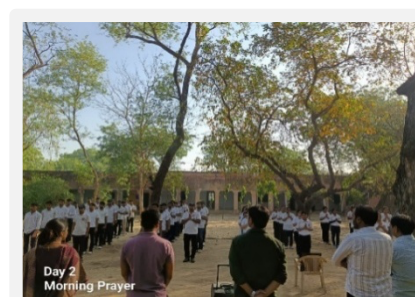
An interactive session on **Art and Craft** was conducted by **Shri Anil Soni**, Teacher of Art and Crafts at Sri Krishna Inter College, Gokul. During the session, he provided valuable insights into drawing, sketching, colouring, and various creative techniques used to develop beautiful artworks. The session encouraged NSS volunteers to explore their creativity and understand the importance of art and craft as a medium of expression, relaxation, and personality development. The activity inspired volunteers to devote time to creative and cultural pursuits alongside academic and social responsibilities.



## Day 2: 21/04/2026 (Tuesday)

### Morning Prayer and Physical Exercise

The second day of the NSS Special Camp began with morning prayers followed by physical exercise sessions. The activities helped in developing discipline, physical fitness, mental well-being, and enthusiasm among the NSS volunteers.



## Cleanliness Drive at Sri Krishna Inter College, Gokul



After the morning session, the NSS volunteers participated in a cleanliness drive within the campus of Sri Krishna Inter College, Gokul. The volunteers were provided with hand gloves and dustbins to collect and properly dispose of plastic materials and other single-use non-biodegradable waste from the premises. All the volunteers

actively participated in the activity with great enthusiasm and dedication. The cleanliness drive promoted the importance of sanitation, environmental protection, and responsible waste management among students and the local community.

## Visit to Rawal Village – Birthplace of Shri Radha Rani

Following the cleanliness drive, the NSS volunteers visited Rawal Bangar Village, the birthplace of Shri Radha Rani, to interact with the local residents and conduct a socio-economic survey.

The volunteers visited households door-to-door to understand the living conditions, daily challenges, and socio-economic status of the villagers. The information collected was carefully recorded in survey forms by the students. During the interaction, villagers highlighted several local issues such as drainage problems, scarcity of drinking water, sanitation concerns, and other infrastructural difficulties. The NSS volunteers also created awareness among villagers regarding various government welfare schemes and encouraged them to take advantage of the available public services and development programmes.



## Cleanliness Drive at the Ancient Vatika of Rawal Bangar Village

After completing the village survey, the NSS volunteers assembled at the Pracheen Vatika of Shri Radha Rani for another cleanliness drive. The volunteers collectively worked to clean the surroundings by collecting single-use plastics and other non-biodegradable waste materials scattered around the premises. The activity reflected the volunteers' commitment towards environmental conservation and maintaining the cleanliness of culturally and historically important places. Their efforts contributed to creating a cleaner, healthier, and safer environment for visitors as well as local wildlife.



**Day 3: 22/04/2026 (Wednesday)**

### First Aid and CPR Awareness Session

On the third day of the NSS Special Camp, an informative and practical session on First Aid and Emergency Response was conducted by **Dr. Rohtas Meena, Medical Officer, Civil Lines, Mathura**. The session aimed to equip NSS volunteers with basic life-saving skills and knowledge required during emergency situations. Dr. Rohtas Meena explained the importance of first aid and discussed essential medicines and emergency items that should be available for handling common medical emergencies. He also guided the students about immediate response techniques that can help save lives before professional medical assistance arrives.

A major highlight of the session was the demonstration of Cardiopulmonary Resuscitation (CPR). Dr. Meena explained the proper procedure and conditions under which CPR should be performed. He emphasized the importance of checking a person's breathing, pulse, and consciousness before initiating CPR. He further explained the standard 30:2 ratio, consisting of 30 chest compressions followed by 2 rescue breaths, and advised aiming for approximately five cycles within two minutes. The session was highly interactive, and students enthusiastically asked questions regarding first aid measures in different emergency situations.

The programme significantly enhanced awareness among volunteers regarding health emergencies, preparedness, and life-saving practices.



### **Installation of Handmade Bird Water Feeders**

Following the first aid session, NSS volunteers participated in an environmental and creative activity by installing handmade bird water feeders on trees within the premises of Sri Krishna Inter College, Gokul and College of Dairy Science, DUVASU, Mathura. The bird feeders were creatively designed and decorated by the NSS volunteers using earthen pots with intricate artwork and colouring. The initiative aimed to provide water to birds during the summer season while promoting compassion towards animals and environmental conservation. The activity encouraged creativity, teamwork, and environmental sensitivity among the volunteers and conveyed the message of protecting and caring for wildlife and nature.



**Day 4: 23/04/2026 (Thursday)**

### **Martial Arts and Self-defence Training Session**

On the fourth day of the NSS Special Camp, a special session on **Martial Arts and Self-Defence** was conducted by **Shri Manoj Kumar**, a renowned trainer from the **Karate India Association**. The session aimed to create awareness among students regarding personal safety, self-confidence, physical fitness, and self-defences techniques.

Shri Manoj Kumar, along with his disciples, demonstrated various martial arts and karate techniques that can be used for protection during dangerous situations. Several NSS volunteers actively participated in the hands-on training session and learned basic self-defense skills to protect themselves during emergencies. The session helped students understand practical methods to escape from unsafe situations and promoted self-discipline, confidence, courage, and physical well-being among the participants.



During the session, **Dr. Rashmi Singh, Dean, College of Dairy Science**, visited the camp and interacted with Shri Manoj Kumar and the programme coordinators. She appreciated the efforts made for organizing such an informative and skill-oriented activity for students. She also inspected the posters prepared by NSS volunteers on various social issues and took feedback from students regarding their experiences and learning during the camp activities.



## Awareness Rally on “Clean Yamuna and Plastic-Free Environment”

After the martial arts session, the NSS volunteers proceeded towards the banks of the Yamuna River in Gokul to organize a cleanliness drive and awareness rally on the theme “Clean Yamuna and Plastic-Free Environment.”

The volunteers actively participated in cleaning the riverbank area by collecting plastic waste and other non-biodegradable materials. Following the cleanliness drive, the volunteers conducted an awareness rally through the narrow streets of Gokul village, carrying posters and raising slogans to spread awareness among local residents regarding the importance of river conservation, cleanliness, and reducing plastic pollution. The rally successfully conveyed the message of environmental protection and encouraged villagers to adopt eco-friendly practices for maintaining a clean and healthy environment.



**Day 5: 24/04/2026 (Friday)**

### Disaster Management and Emergency Response Training

On the fifth day of the NSS Special Camp, a special session on Disaster Management and Emergency Response was organized with the support of officials from the State Disaster Management Authority (SDMA), Mathura District. The session was conducted by **Ms. Pooja Rana, District Disaster Specialist, Mathura**, accompanied by two trained **Aapda Mitras**.

Ms. Pooja Rana delivered an informative lecture on disaster preparedness and management. She explained the meaning and types of disasters, including both natural disasters and man-made disasters, and discussed the important precautions that should be taken during emergency situations. She guided the NSS volunteers about the essential “Do’s and Don’ts” during disasters and emphasized the importance of remaining calm, alert, and organized during emergencies.

A practical hands-on demonstration was also conducted by the Aapda Mitras to train the volunteers in handling emergency situations effectively. The demonstrations included techniques for extinguishing fire from LPG cylinders using water-soaked towels, bedsheets, and plastic buckets. Students were also trained in various disaster management activities such as handling building fire incidents, safe evacuation procedures, and rescue operations for injured persons during emergencies.

The resource persons demonstrated basic rescue techniques and explained how to safely assist victims during accidents, fires, and disaster situations without putting one's own life at risk. The volunteers actively participated in the demonstrations and learned valuable practical skills related to emergency response and disaster preparedness. During the session, Ms. Pooja Rana inspired the students to work selflessly for society during times of disaster and crisis. She also emphasized that during any grave emergency situation, personal safety should always be the priority, as one can help others effectively only after ensuring their own safety. The session proved to be highly informative and practical, enhancing awareness, preparedness, confidence, and social responsibility among the NSS volunteers.



## Day 6: 25/04/2026 (Saturday)

### Yoga and Wellness Session

On the sixth day of the NSS Special Camp, all volunteers assembled at the premises of Sri Krishna Inter College, Gokul and began the day by offering prayers to Goddess Saraswati, followed by physical exercise activities for fitness and mental well-being.

A special **Yoga Session** was conducted by **Shrimati Sangita Chaturvedi**, an experienced Yoga Trainer. At the beginning of the session, she explained the importance and essence of yoga in maintaining physical health, mental peace, emotional balance, and a disciplined lifestyle. She also highlighted the role of yoga in reducing stress and improving concentration and overall well-being. Under her guidance, the NSS volunteers practiced various yoga asanas including **Vajrasana, Tadasana, Bhujangasana, Padmasana, Makarasana, and Shavasana**. The trainer explained the health benefits and correct techniques of performing each asana. The programme created awareness among volunteers regarding the importance of adopting yoga as a part of daily life for a healthy body and mind.



## Day 7: 26/04/2026 (Sunday)

**Closing Ceremony and Campus Cleanliness Drive** On the final day of the NSS Special Camp, all the volunteers of the NSS Unit, DUVASU assembled at the **College of Dairy Science, DUVASU, Mathura** for the concluding activities and closing ceremony of the camp. The programme was attended by **Dr. Anuj Kumar, Dean Student Welfare (DSW)** along with faculty members from the College of Dairy Science and the College of Fisheries Science. The dignitaries appreciated



the dedication, discipline, and active participation of the NSS volunteers throughout the seven-day special camp.

As part of the concluding activities, the volunteers prepared a beautiful **Rangoli of the NSS logo** in the college premises, symbolizing unity, service, creativity, and the spirit of NSS.

The volunteers also actively participated in a **Campus Cleanliness Drive** to remove plastic materials and other non-biodegradable waste from the surroundings. The collected waste was properly segregated and disposed of in dustbins to promote cleanliness and environmental awareness. Dr. Anuj Kumar appreciated the sincere efforts, teamwork, and commitment shown by the NSS volunteers during the cleanliness campaign and throughout the camp activities. He motivated the students to continue participating in social service and environmental conservation activities in the future as responsible citizens. The seven-day NSS Special Camp concluded successfully with great enthusiasm, valuable learning experiences, strengthened social responsibility, and a renewed spirit of community service among the volunteers.



## Conclusion

The Seven-Day NSS Special Camp organized by the NSS Unit of the College of Dairy Science, DUVASU, Mathura, from 20<sup>th</sup> to 26<sup>th</sup> April 2026 was successfully conducted with enthusiastic participation from NSS volunteers. Various activities such as cleanliness drives, village surveys, awareness rallies, environmental conservation programmes, and training sessions on first aid, self-defence, disaster management, yoga, and art & craft enhanced students' practical knowledge, leadership skills, teamwork, and sense of social responsibility. The camp concluded successfully, strengthening the volunteers' commitment to community service, nation-building, and the NSS motto, **“Not Me But You.”**